

GIGNUL MASENYGUN

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NEW LOCATION!



We continue to expand our vaccination program to include younger age groups. Visit wabano.com for current age requirements and to find out if you're eligible.

Book Today

Call 613-691-5505 to book your appointment

Phone Line Hours

Monday to Friday:
7:30 am – 6:00 pm

Saturday and Sunday:
8:30 am – 4:00 pm

Location

815 St. Laurent Boulevard,
Ottawa

Clinic Hours

Tuesday to Thursday:
12:30 pm – 7:00 pm

Friday & Saturday:
10:00 am – 4:30 pm

Proof of Indigenous Identity/ Status Required

Examples include:

- Status Card
- Inuit Beneficiary Card
- Métis Card
- 60s Scoop Acceptance Letter



Wabano



Ottawa
Public Health

For more information, visit wabano.com and ottawapublichealth.ca

Happy Father's Day!

Office Closures

We will be closed on
Monday, June 21st, 2021
for National Indigenous
People's Day.

Our office will re-open
Tuesday morning.

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NATIONAL INDIGENOUS PEOPLES DAY AND COVID-19



June 22 – Special statement from Dr. Sarah Funnell, Associate Medical Officer of Health

Kwey, Aniin, Shé:kon,
Ainngai, Taanshi

This past weekend we celebrated both National Indigenous Peoples Day and Summer Solstice, a time of celebration and new beginnings. Many Ottawans enjoyed the weekend outdoors to enjoy the beauty of the traditional unceded Algonquin territory.

June is also Indigenous History Month, a time to learn about and acknowledge the rich diversity of cultures and traditions of First Nations, Inuit and Mé-

tis peoples.

Ottawa Public Health (OPH) is committed to reconciliation. We work in partnership with First Nations, Inuit, and Métis peoples and communities to advance Indigenous health equity and address anti-Indigenous racism. Currently we are working with partners to better understand how COVID-19 is affecting Indigenous communities, including the health and social effects of closures and physical distancing on First Nations, Inuit and Métis peoples.

As part of our pandemic response, OPH has launched [a new webpage](#) that highlights COVID-19 resources for First Nations,

Inuit, and Métis community members. Resources include information developed by Ottawa Public Health and local provincial and national Indigenous organizations. Several of the resources are available in a number of Indigenous languages that reflect the diversity of First Nations, Inuit and Métis peoples in Ottawa.

Please take the opportunity to learn about First Nations, Inuit and Métis peoples, anti-Indigenous racism, and to reflect on a personal commitment to address past and current injustices.

Meegwetch, Nia:wen,
Qujannamiik, Marsee

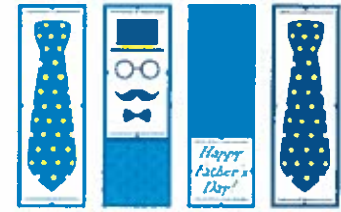
Father's Day Craft: A Bookmark



What you need:

- Construction paper for bookmark (or other patterned paper)
- Markers/Colouring Pencils
- Scissors

Father's Day Bookmarks

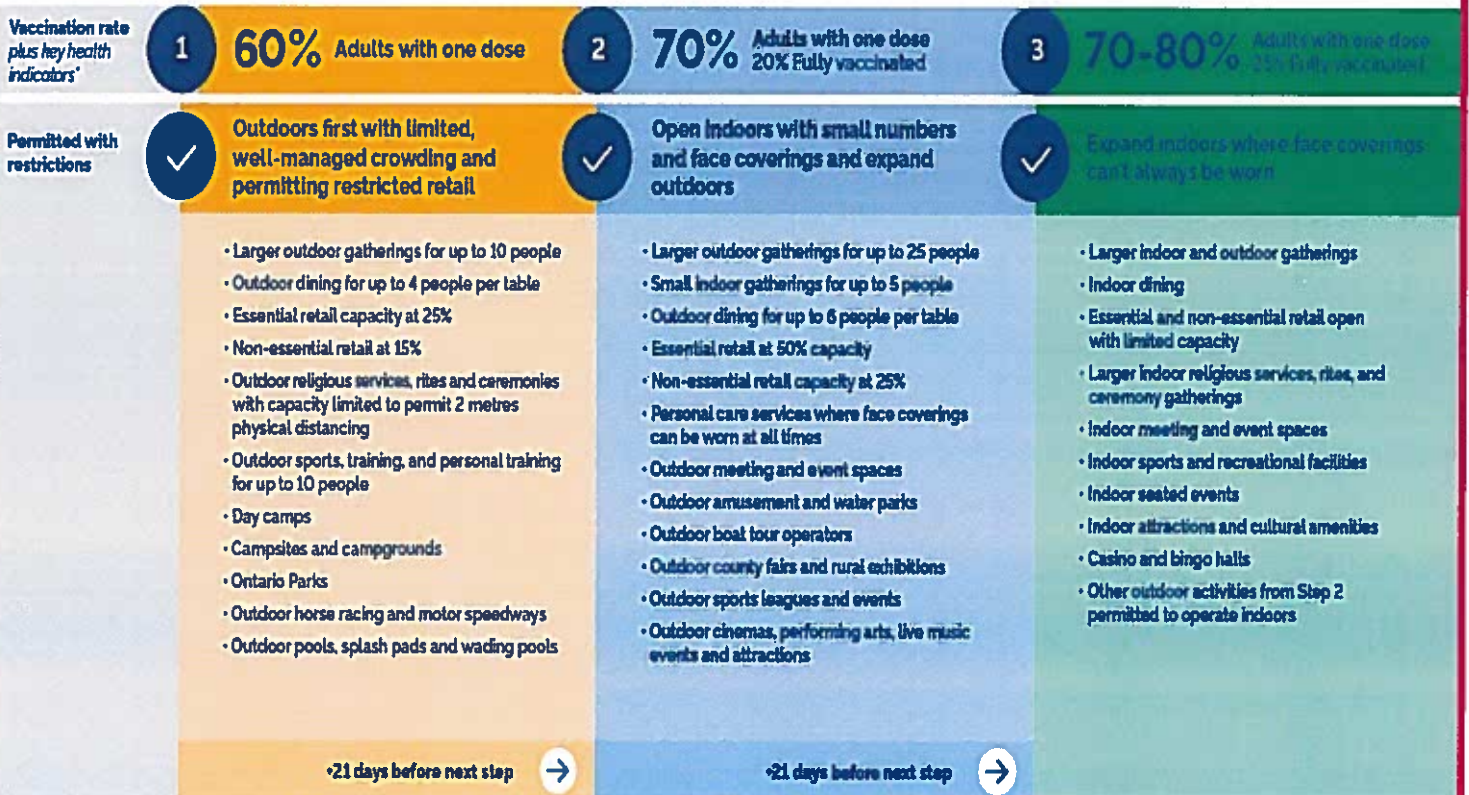


Instructions:

Step One: Cut out the shape of your bookmark on your construction/patterned paper (Rectangle, circle, the shape of a tie).

Step Two: Decorate it how you like! (With markers, colouring pencils, glitter, etc).

COVID-19 Roadmap to Reopen – Key Highlights



* Key health indicators include declining hospitalization, ICU, cases rate and % positivity

Based on current trends in key health indicators, including the provincial vaccination rate, Ontario expects to enter Step One of the roadmap around June 14, 2021.

For the full plan, visit ontario.ca/reopen

Recipe of the Month: Orange Cranberry Cake

Ingredients

- 1 package of Yellow cake mix
- 4 eggs
- 3/4 Cup orange juice
- 1/2 Cup canola or vegetable oil
- 1/4 Cup of water
- 1 Cup dried cranberries
- Powdered Sugar (Optional)



Instructions

Step One: Preheat the oven to 350F, grease and flour 10-inch Bundt pan.

Step Two: Combine cake mix, eggs, orange juice, oil and water in a large bowl; beat for 1-2 minutes or until well blended. Stir in cranberries. Pour batter into prepared pan.

Step Three: Bake for about 40 minutes or until toothpick inserted near centre comes out clean. Cool in pan for 10 minutes, invert onto a wire rack to cool completely. Sprinkle with powdered sugar, if desired.



Joke Corner

Q: Why was the birthday cake as hard as a rock?

A: Because it was a marble cake!

